DR.MGR JANAKI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

DEPARTMENT OF PSYCHOLOGY & APPLIED PSYCHOLOGY

Dr. MGR–JANAKI COLLEGE
OF ARTS & SCIENCE FOR WOMEN
SATHYABAMA MGR MALIGAI
11 & 13, Durgabai Deshmukh Road, RA Puram, Chennai - 28
An ISO 9001:2015 CERTIFIED INSTITUTION
Affiliated to the University of Madras

Bachelor of Science (BSC)
(With effect from the Academic Year 2023-24)

I PREAMBLE

Bachelor of Science (BSC) is a 3 – Year under Graduate Programme Spread over six semesters. B.Sc. Psychology: Programme Outcome, Programme Specific Outcome and Course Outcome Psychology is the scientific study of mind and behavior. It is a broad and diverse field with many career options for the students. This programme helps learners in building a solid foundation for higher studies in Psychology

II ELIGIBILITY

A pass in the higher secondary Examination (Academic Stream) conducted by the Government of Tamil Nadu with science background as one of the subjects.

III PROGRAMMEOBJECTIVES

B.Sc. Psychology: Programme Outcome, Programme Specific Outcome and Course Outcome Psychology is the scientific study of mind and behavior. It is a broad and diverse field with many career options for the students. This course forms the foundation for the students aspiring to specialize in various fields such as education, hospital, industrial, forensic, and many more. The key core areas of study in Psychology include general psychology, developmental psychology, social psychology, abnormal psychology and experimental psychology. This programme helps learners in building a solid foundation for higher studies in Psychology. In addition students are equipped with skills that facilitate employment. The Bachelor's Degree B.Sc. Psychology is awarded to the students on the basis of knowledge, understanding, skills, attitudes, values and academic achievements expected to be acquired by learners at the end of the Programme. Learning outcomes of Psychology are aimed at facilitating the learners to acquire these attributes, keeping in view of their preferences and aspirations for gaining knowledge of Psychology.

PO1	PO1: Disciplinary knowledge: Capable of demonstrating comprehensive knowledge and understanding of one or more disciplines that form a part of an undergraduate Programme of study
PO2	PO2: Communication Skills: Ability to express thoughts and ideas effectively in writing and orally; Communicate with others using appropriate media; confidently share one's views and express herself/himself; demonstrate the ability to listen carefully, read and write analytically, and present complex information in a clear and concise manner to different groups.
PO3	PO3: Critical thinking: Capability to apply analytic thought to a body of knowledge; analyse and evaluate evidence, arguments, claims, beliefs on the basis of empirical evidence; identify relevant assumptions or implications; formulate coherent arguments; critically evaluate practices, policies and theories by following scientific approach to knowledge development.
PO4	PO4: Problem solving: Capacity to extrapolate from what one has learned and apply their competencies to solve different kinds of non-familiar problems, rather than replicate curriculum content knowledge; and apply one's learning to real life situations.
PO5	PO5: Analytical reasoning: Ability to evaluate the reliability and relevance of evidence; identify logical flaws and holes in the arguments of others; analyze and synthesize data from a variety of sources; draw valid conclusions and support them with evidence and examples, and addressing opposing viewpoints.
PO6	PO6: Research-related skills: A sense of inquiry and capability for asking relevant/appropriate questions, problem arising, synthesizing and articulating; Ability to recognize cause-and-effect relationships, define problems, formulate hypotheses, test hypotheses, analyses, interpret and draw

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	conclusions from data, establish hypotheses, predict cause and-effect relationships; ability to plan, execute and report the results of an experiment or investigation	
PO7	PO7: Cooperation/Team work: Ability to work effectively and respectfully with diverse teams; facilitate cooperative or coordinated effort on the part of a group, and act together as a group or a team in the interests of a common cause and work efficiently as a member of a team	
PO8	PO8: Scientific reasoning: Ability to analyse, interpret and draw conclusions from quantitative/qualitative data; and critically evaluate ideas, evidence and experiences from an open-minded and reasoned perspective.	
PO9	PO9: Reflective thinking: Critical sensibility to lived experiences, with self-awareness and reflexivity of both self and society.	
PO10	PO10 Information/digital literacy: Capability to use ICT in a variety of learning situations, demonstrate ability to access, evaluate, and use a variety of relevant information sources; and use appropriate software for analysis of data.	
PO11	PO 11 Self-directed learning: Ability to work independently, identify appropriate resources required for a project, and manage a project through to completion.	
PO12	PO 12 Multicultural competence: Possess knowledge of the values and beliefs of multiple cultures and a global perspective; and capability to effectively engage in a multicultural society and interact respectfully with diverse groups.	
PO13	PO 13: Moral and ethical awareness/reasoning: Ability to embrace moral/ethical values in conducting one's life, formulate a position/argument about an ethical issue from multiple perspectives, and use ethical practices in all work. Capable of demon starting the ability to identify ethical issues related to one"s work, avoid unethical behaviour such as fabrication, falsification or misrepresentation of data or committing plagiarism, not adhering to intellectual property rights; appreciating environmental and sustainability issues; and adopting objective, unbiased and truthful actions in all aspects of work	
PO14	PO 14: Leadership readiness/qualities: Capability for mapping out the tasks of a team or an organization, and setting direction, formulating an inspiring vision, building a team who can help achieve the vision, motivating and inspiring team members to engage with that vision, and using management skills to guide people to the right destination, in a smooth and efficient way.	
PO15	PO 15: Lifelong learning: Ability to acquire knowledge and skills, including „learning how to learn", that are necessary for participating in learning activities throughout life, through selfpaced and self-directed learning aimed at personal development, meeting economic, social and cultural objectives, and adapting to changing trades and demands of work place through knowledge/skill development/reskilling.	

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IV Programme Specific Objectives

PSO1	PSO1: To enable students to apply basic microeconomic, macroeconomic and monetary concepts and theories in real life and decision making.
PSO2	PSO 2: To sensitize students to various economic issues related to Development, Growth, International Economics, Sustainable Development and Environment.
PSO3	PSO 3: To familiarize students to the concepts and theories related to Finance, Investments and Modern Marketing.
PSO4	PSO 4: Evaluate various social and economic problems in the society and develop answer to the problems as global citizens.
PSO5	PSO 5: Enhance skills of analytical and critical thinking to analyze effectiveness of economic policies.

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V COURSE STRUCTURE

YEAR I –
SEMESTER I

Part	List of Courses	Credit	Hours per week (L/T/P)
Part-I	Language-Tamil	3	6
Part-II	English	3	6
Part-III	Introduction to Psychology I	5	5
	Biological Psychology	5	5
	Building Psychological Capital	3	4
	Skill Enhancement Course(Non Major Elective)	2	2
Part-IV	Foundation Course FC-Careers and Ethics in Psychology	2	2
		23	**30**

*PART-IV: SEC-1/Basic Tamil/Advanced Tamil (Anyone)

- Students who have studied Tamil upto XII STD and also have taken Tamil in Part I shall take SEC-I.
  - Students who have **not** studied Tamil upto XII STD and have taken any Language other than Tamil in Part-I shall take **Basic Tamil** comprising of Two Courses (level will be at 6th Std.).
- Students who have studied Tamil upto XII STD and have taken any Language other than Tamil in Part-I shall take **Advanced Tamil** comprising of Two Courses.

YEAR–I
SEMESTER–II
Semester-II

Part	List of Courses	Credit	Hours per week(L/T/P)
Part-I	Language-Tamil	3	6
Part-II	English	3	6
Part-III	Introduction to PsychologyII	5	5
	Psychology of Childhood	5	5
	Cross Cultural Psychology	3	4
Part-IV	Skill Enhancemen tCourse(NonMajorElective)	2	2
	Skill Enhancement Course(Discipline/Subject Specific)– Psychological FirstAid	2	2
		23	**30**

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YEAR–II
SEMESTER–III
Second Year Semester-III

Part	List of Courses	Credit	Hours per week(L/T/P)
Part-I	Language-Tamil	3	6
Part-II	English	3	6
Part-III	Psychology of Adolescence and Early Adulthood	5	5
	Social Psychology I	5	5
	Statistics for behavioral Science	3	4
Part-IV	Skill Enhancement Course(Entrepreneurial Based)	1	1
	Skill Enhancement Course(Discipline/Subject Specific)–Relaxation Techniques	2	2
	Environmental Studies	-	1
		22	**30**

YEAR–II SEMESTER– IV
Semester-IV

Part	List of Courses	Credit	Hours per week (L/T/P)
Part-I	Language-Tamil	3	6
Part-II	English	3	6
Part-III	Psychology of Middle age and Oldage	5	5
	Social Psychology II	5	5
	Introduction to Research Methodology	3	3
Part-IV	Skill Enhancement Course-Therapy Techniques For example:Arttherapy,Play therapy ,etc.	2	2
	Skill Enhancement Course-Personality development	2	2
	Environmental Studies	2	1
		25	**30**

YEAR–III
SEMESTER–V
Third Year Semester-V

Part	List of Courses	Credit	Hours per week (L/T/P)
Part-III	Psychopathology I	4	5
	Cognitive Psychology	4	5

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	Assessments in Psychology	4	5
	Organizational Psychology	4	5
	Counselling Psychology	3	4
	Project with Viva voce	3	4
Part-IV	Value Education	2	2
	Internship/Industrial Training (Summer vacation attends of IV semester activity)	2	-
		26	30

YEAR–III SEMESTER–VI

Semester-VI

Part	List of Courses	Credit	Hoursper week(L/T /P)
Part-III	Psychopathology II	4	6
	Educational Psychology	4	6
	Health Psychology	4	6
	Sports and Exercise Psychology	3	5
	Environmental Psychology	3	5
Part-IV	Professional Competency Skill	2	2
Part-V	Extension Activity	1	-
		21	30

Total Credits: 140

LEARNING OUTCOME

COURSE NAME	COURSE CODE	COURSE OUTCOME
INTRODUCTION TO PSYCHOLOGY-I	140C1A	On successful completion of the course, students will be able to ● CO1 (K1) Acquire knowledge on the history, methods and special areas in the field of Psychology ● CO2 (K3) Explain sensory systems through which information processing happens ● CO3 (K4)Relate the process of attention to perception and infer how we make sense of the world around us ● CO4 (K5) Critically examine the process of learning ● CO5 (K1, K4) Gain insight into complex emotional experiences of human being and analyse the experience of self in day to day life.
BIOLOGICAL PSYCHOLOGY	140C1B	On successful completion of the course, students will be able to CO1 (K2) Describe recent research methods and perspectives on the emerging field of Behavioral neuroscience and the reciprocal relationship between brain and behavior.

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		CO2 (K2) Understand anatomy and functions of the basic cell of the nervous system and explain the process of communication between neurons CO3 (K4) To understand and analyse the regulations of internal body states. CO4 (K1, K4) To understand the function of endocrine glands and relate the knowledge to Analyse various human behaviour. CO5 (K2) Describe the complex orchestrated functioning of the nervous system describe the manifestation of biological deficits in behaviour.
Building Psychological Capital Paper Number ELECTIVE I (Discipline specific)	**140E1A**	On successful completion of the course, students will be able to ● CO1 (K4) – To analyse the positive and negative approach and its effect on work determinants like, job motivation, satisfaction and performance. ● CO2 (K2) – To understand the role of self-efficacy and ways to improve it. ● CO3 (K2) – To distinguish the various conditions that implicate in developing hope and hopelessness and analyse ways to inculcate hope and build mental wellbeing. ● CO4 (K2) – To distinguish the ways to build optimism and locus of control for better performance. ● CO5 (K3, K4) – To analyse and apply7C's Model of Resilience.
Title of the Course CAREERS AND ETHICS IN PSYCHOLOGY	**140B1A**	On successful completion of the course, students will be able to ● CO1 (K2) Gain insight into various subfields in the field of psychology ● CO2 (K5) Apply knowledge of psychology to formulate career choices. ● CO3 (K2) Understand the purpose of ethics in psychological research ● CO4 (K2) Identify and address ethical concerns in human and animal research with consideration of the American Psychological Association's code of Ethics ● CO5 (K5) Evaluate research studies for their adherence to ethical guidelines
BASICS OF HEALTH CARE MANAGEMENT	**140S0A**	On successful completion of the course, students will be able to ● CO1 (K 1) know about Health care Management. ● CO2 (K 2) interpret insights about Family and Communal health ● CO3 (K 2) describe the advancements happening in community health ● CO4 (K 4) analyse various health awareness initiatives in India ● CO5 (K 2) explain disaster management techniques
INTRODUCTION TO CRIME PREVENTION	**140S0B**	On successful completion of the course, students will be able to ● CO1 (K2) Trace the history of crime prevention and understand the definition, concepts and the various types of crime prevention strategies. ● CO2 (K2) Understand the traditional crime prevention methods and programmes involving community policing.

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		● CO3 (K5) Evaluate the traditional crime prevention techniques in the society ● CO4 (K2) Describe the modern crime prevention initiatives to address the crime problem in society ● CO5 (K2) Explain the various crime prevention organizations that aim to prevent and reduce crime.

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Master of Science (MSC)
(With effect from the Academic Year 2023-24)

I PREAMBLE

Master of Science (MSC) is a 2 – Year under Graduate Programme Spread over six semesters. M.Sc. Psychology: Programme Outcome, Programme Specific Outcome and Course Outcome Psychology is the scientific study of mind and behavior. It is a broad and diverse field with many career options for the students. This programme helps learners in building a solid foundation for higher studies in Psychology

II ELIGIBILITY

A pass in the higher secondary Examination, and bachelor degree in psychology (Academic Stream) conducted by the Government of Tamil Nadu with science background as one of the subjects.

III PROGRAMME OBJECTIVES

Total Credit –91

PROGRAMME OUTCOMES

PO1: Critical Thinking skills:
Ability to substantiate critical reading of text books and research article and also to review in order to make analytical assessments while comprehending them in terms of both generic understanding and contextual study.

PO2: Individuals as Assets:
To be academically honest, intellectually curious, ethically responsible, professionally competent and spiritually inspiring citizens.

PO3: Leadership readiness/qualities:
Strengthen personal integrity and develop soft skills such as effective communication, teamwork, flexibility, and leadership.

PO4: Academic Excellence:
Being a member of the academic community with advanced discipline- specific knowledge

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and professional skills in the relevant field with the prowess to communicate complex ideas and to engage in current critical debates with all sensitivity and fairness.

PO5: Higher order Thinking skills:

Ability to think, analyze, evaluate, and create new knowledge and skills both in the chosen discipline and across other fields.

PO6: Subscription to Quality Research:

Ability to design and carry out independent research embedded in multidisciplinary perspective, to update oneself with current research trends and contemporary inputs in the discipline and to evaluate research contributions.

PO7: Lifelong learning:

Ability to learn, unlearn, and relearn knowledge and skills in the emerging areas of the field of specialization.

PO8: Continuous Professional development:

Ability to continuously develop oneself professionally and to critically improve one's self with a view to taking appropriate decisions in diverse professional and real-life environment

PO9: Ethics:

Ability to be socially sensitive and responsible citizens, with a tolerance to cultural difference and diversity, so as to engage in ethically informed practice.

PROGRAMME SPECIFIC OUTCOMES

1. Knowledge domain: Apply the knowledge of Psychological principles and theories in their respective area of specialization in Applied Psychology.

2.Self and Professional Development domain: Ability to continuously develop oneself professionally and to critically improve one's self with a view to taking appropriate decisions in diverse professional and real-life environment

3.Skill Development domain: Identify, critically analyze and assess, practical issues in the field of psychology and apply appropriate methods, tools and techniques to solve problems, enhance human capabilities and efficiency, form collaborative, promote well-being and execute research.

4. Research Domain: Formulate research problems, construct new ideas and opportunities by using core concepts and knowledge central to the field of psychology and provide suggestions, use creativity or critical thinking, skills to problem solving in different setting

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5. Ethics: Exhibit integrity, ethics, and character and adapt to global perspective and to attune to issues of cultural diversity, meet the expectation of professional work and healthy interface between academia and society.

6. Societal contribution: To provide an opportunity to extend the knowledge base to the world of practice with a view to promote a healthy interface between academia and society.

7. Career Development domain/Placement: Prepare for employment in government, clinical, educational, organizational, industrial research institutes, NGOs, and to function in roles such as entrepreneurs, life coaches. Influencers, trainers and counselors, teachers

8. Higher Studies: To enable students to obtain the knowledge and skills necessary for immediate employment and attain higher studies in psychology and related areas.

IV COURSE STRUCTURE   SEMESTER I – I YEAR

Semester I				
S No		Title of the Course	Credits	Hours
1	1.1 Core-I	418C1A:TheoriesofPersonality	5	7
2	1.2Core-II	418C1B: Research Methodology Applied Statistics	5	7
3	1.3Core- III	418C1C: Counseling skills and techniques	4	6
4	1.4Elective I	418E1A:GeriatricChallengesandDevelopment	3	5
5	1.5Elective-II	418E1B:Psychological Interventions for Developmental Disorders	3	5
TOTAL			20	30
		YEAR 1 – SEMESTER II		
SemesterII				
S No		Title of the Course	Credits	Hours
6	2.1Core-IV	418C2A:Psychometry	5	6
7	2.2Core-V	418C2B:PsychologicalAssessment- I (Counseling and Psychotherapy)	5	6
8	2.3 Core- VI	418C2C:BehaviourModification	4	6
9	2.4Elective III	418E2A: Addiction Counseling	3	4
10	2.5Elective-IV	418E2B:Psychotherapy	3	4
11	2.6 Skill Enhancement Course	418S2A: Relationship counseling for Children and Young People	2	4
TOTAL			22	30

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SEMESTER III – YEAR II

Semester III

S No		Title of the Course	Credits	Hours
12	3.1Core-VII	518C3A:Applied Social Psychology	5	6
13	3.2Core-VIII	518C3B:AdvancedCognitivePsychology	5	6
14	3.3Core-IX	518C3C: Psychological Assessment - II(Organizational Behavior &(HR)	5	6
15	3.4 Core-X	518C3D:School Counseling	4	6
16	3.5ElectiveV	518E3A:Training and Development	3	3
17	3.6Skill Enhancement Course II	518S3A:Corporate Counseling	2	3
18	3.7Internship	518S3B:Summer Internship	2	-
TOTAL			**26**	**30**

SEMESTER IV – YEAR II

Semester IV

S No		Title of the Course	Credits	
19	4.1Core-XI	518C4A:HumanResourceManagement	5	6
20	4.2Core-XII	518C4B: Community Psychology	5	6
21	4.3Project	518C4C:DissertationwithVivaVoce	7	10
22	4.4 Elective VI(Industry/Entrepreneurship) 20%Theory 80%Practicum	518E4A:Psychological Training Module	3	4
23	4.5 SkillEnhancementCourse/Professional Competency Skill	518S4A:ScientificReportwriting	2	4
24	4.6	518V4A:Extension Activity	1	
TOTAL			**23**	**30**

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LEARNING OUTCOME

COURSE NAME	COURSE CODE	COURSE OUTCOME
Theories of Personality	**Code: 418C1A**	LEARNING OUTCOMES: - On successful completion the students will be able to : CO1(K2): Understand the determinants of psychology and how it emerged as significant concept of psychology CO2 (K2): Classify and compare various personality theories' basic principles and approaches in understanding human nature. CO3 (K4): Explain a critical understanding of personality through various Western approaches including type and trait, psychoanalytic, socio-cognitive, and humanistic and contemporary theories. CO4 (K5): Apply different personality theory's perspectives by engaging students in a discussion about the everyday applications of various personality theories. CO5 (K5): Adapt to apply principles of personality in counselling practices.
RESEARCH METHODS AND APPLIED STATISTICS (Core II)	**Code: 418C1B**	On successful completion the students will be able to : CO1 (K2): Describe the elements of research, sampling and hypothesis formulation. CO2 (K3): Develop research report in APA Style. CO3 (K3): Apply knowledge for the selection of appropriate research design. CO4 (K4): Analyse ethical issues in conducting a research CO5 (K5): Explain the steps in conducting Psychological research.
COUNSELING SKILLS AND TECHNIQUES (Core III)	**Course Code: 418C1C**	On successful completion the students will be able to : CO1 (K2): Discuss the skills and techniques of counselling offline and online. CO2 (K3): Explain the basic counseling skills of listening, responding, challenging and formulating action plans. CO3 (K4): Identify and differentiate skills at different stages of Counseling. CO4 (K5): Evaluate the various counseling approaches that are skill based. CO5(K6): Apply the skills of counseling through classroom activities and practicum
PSYCHOMETRY (Core IV) (Common to M.Sc. Applied Psychology (Counseling))	**Course Code: 418C2A**	On successful completion the students will be able to : CO1(K2): Describe the steps in test construction and standardization CO2(K3): Explain the requirements of item writing

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		and methods in item analysis
		CO3 (K4): Analyze test construction principles for different types of tests.
		CO4 (K5): Summarize test standardization procedures such as reliability, validity and development of norms.
		CO5(K6): Plan test construction and/or standardization procedures for hypothetical tests
PSYCHOLOGICAL ASSESSMENT – I (Core V) (Common to M.Sc. Applied Psychology (Counseling))	**Course Code: 418C2B**	On successful completion the students will be able to:
		CO1 (K2): Explain the conceptual framework of psychological testing.
		CO2(K2): Identify the appropriate psychological test
		CO3 (K3): Determine how to discuss the obtained individual data.
		CO4 (K4): Evaluate the ethical issues in psychological testing.
		CO5 (K6): Infer the Individual differences through psychological testing.
BEHAVIOR MODIFICATION (Core VI) (Common to M.Sc. Applied Psychology (Counseling))	**Course Code: 418C2C**	On successful completion the students will be able to:
		CO1 (K2): Demonstrate knowledge of the basic principles and techniques in operant and classical conditioning.
		CO2(K3): Apply the behavioural model to the procedure and practical applications of various techniques to establish new behaviours
		CO3(K4): Distinguish between behaviour modification techniques to increase desirable behaviour and decrease undesirable behaviour, and their practical applications
		CO4(K4): Distinguish between behaviour modification techniques for anxiety induction and anxiety reduction, and their practical applications
		CO5(K5): Recommend individualized behaviour modification plans based on the various techniques learnt
APPLIED SOCIAL PSYCHOLOGY (Core VII) (Common to M.Sc. Applied Psychology (Counseling))	**Course Code: 518C3A**	LEARNING OUTCOMES:
		On successful completion the students will be able to:
		CO1 Delineates the theoretical concepts of applied social psychology and appraise the role of applied social psychologist.
		CO2 Explain the attribution concept and relate the information in social context to explain and predict others behavior.
		CO3 Explore the influence of social indicators on the formation of attitude and examine the attitude-behavior relationship.
		CO4 Demonstrate ability to articulate about group

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		behavior, prejudice and its influence on individuals' behavior. CO5 Apply the principles of social psychology in various fields like media, legal system politics, work settings, community, health and environment.
ADVANCED COGNITIVE PSYCHOLOGY (Core VIII) (Common to M.Sc. Applied Psychology (Counseling))	**Course Code: 518C3B**	On successful completion the students will be able to : CO1(K1): Recognize the importance of cognitive neuropsychology and its connections to human behavior CO2(K2): Explain about various methods in cognitive neuroscience and its applications CO3(K2): Understand the structure and functions of brain and its application in understanding various disorders CO4(K4): Discuss the importance of cognitive bases of perception and the neural bases of sensory motor functions CO5(K3): Explain the neural background for higher order cognitive functions, such as attention, language, executive functions, learning and memory, consciousness and emotion regulation.
PSYCHOLOGICAL ASSESSMENT – II (Core IX) (Common to M.Sc. Applied Psychology (Counseling))	**Course Code: 518C3C**	On successful completion the students will be able to: CO1 (K2): Explain the application of psychological testing at work place. CO2 (K2): Identify the appropriate psychological test in recruiting and managing employees CO3(K3): Determine how to discuss the obtained individual data and write a report CO4 (K4): Evaluate the ethical issues in psychological testing. CO5(K6): Infer the Individual differences through psychological testing
SCHOOL COUNSELING (Core X) (Common to M.Sc. Applied Psychology (Counseling))	**Course Code: 518C3D**	On successful completion the students will be able to : CO1 (K2): Familiarize and conceptualize the issues pertaining to school-going children. CO2(K3): Employ counseling techniques grounded in evidence based approaches to help school children CO3(K3):Facilitate the collaboration with parents and authorities to address the needs of children CO4 (K4): Illustrate ethically informed practice, in both individual and group settings. CO5(K6): Formulate, Implement and Evaluate skill development program for school children
HUMAN RESOURCE MANAGEMENT (Core XI) (Common to M.Sc. Applied	**Course Code: 518C4A**	On successful completion the students will be able to : CO1 (K1): Define and describe human resource management. CO2 (K3): Examine the process and sources of

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Psychology (Counseling))		recruitment. CO3 (K4): Analyze the techniques of training. CO4 (K5): Evaluate the different types of rewards. CO5(K6): Discuss the legal benefits and services provided by organizations
COMMUNITY PSYCHOLOGY (Core XII) (Common to M.Sc. Applied Psychology (Counseling))	**Course Code: 518C4B**	On successful completion the students will be able to : CO1(K2): Describe the concepts of Community Psychology CO2(K3): Explain the importance of working with the Community CO3 (K4): Classify the community interventions and psychological first aid. CO4(K5): Investigate on the needs of the community CO5 (K6): Recommend strategies for proper implementation of community psychology projects.
: DISSERTATION with Viva Voce (Common to M.Sc. Applied Psychology (Counseling))	**Course Code: 518C4C**	On successful completion the students will be able to : CO1(K2): Identify gap in knowledge in existing literature CO2(K3): Apply appropriate sampling techniques and research design CO3(K2): Choose appropriate psychological tools for data collection CO4(K6): Design an research plan and carry out a independent research CO5(K6): Prepare a research report
GERIATRIC CHALLENGES AND DEVELOPMENT	**Course Code: 418E1A**	On successful completion the students will be able to : CO1 (K2): Attain a comprehensive and scientific knowledge based on various aspects relating to geriatric care. CO2 (K3): Analyze the health issues arising during old age. CO3(K4): Illustrate the welfare needs of the aged CO4 (K4): Demonstrate skill development in managing elderly people in the family and community settings for the welfare of the elder persons. CO5 (K6): Identify and promote support systems and networking for care of the older persons.
PSYCHOLOGICAL INTERVENTION FOR DEVELOPMENTAL DISORDERS	**Course Code: 418E1B**	On successful completion the students will be able to : CO1 (K2): Describe the clinical picture of childhood disorders. CO2 (K2): Explain the causal factors and prevalence of childhood disorders. CO3 (K3): Compare the diagnostic criteria of different childhood disorders. CO4 (K4): Identify the different types of psychological assessment of various childhood

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		disorders.
		CO5 (K5): Apply various behavioural management and remedial education strategies for the different developmental disorders through hypothetical case discussions.
ADDICTION COUNSELING (Common to 1 st Sem. M.Sc. Applied Psychology (Counseling))	**Course Code: 418E2A**	On successful completion the students will be able to : CO1(K2): Distinguish various drugs and various types of addiction CO2(K3): Apply the knowledge relating to addiction counseling, assessment and Interview techniques for making diagnosis CO3(K3): Able to Psycho educate family members to deal with addiction CO4(K4): Devise individualized treatment plan for addiction patients with respected to their bio-psychosocial environment CO5 (K3): Apply various therapeutic techniques in addiction counseling.
PSYCHOTHERAPY (Common to 1 st Sem. M.Sc. Applied Psychology (Counseling))	**Course Code: 418E2B**	On successful completion the students will be able to : CO1 (K2): Describe the basic concepts of different psychological therapies. CO2 (K3): Examine the process of psychological therapies. CO3 (K4): Analyze skills and techniques used in specific groups/ problems. CO4 (K5): Critically evaluate psychological therapies for specific groups/ problems. CO5 (K5): Recommend suitable strategies to be used in hypothetical cases.
TRAINING AND DEVELOPMENT (Common to M.Sc. Applied Psychology (Counseling))	**Course Code: 518E3A**	On successful completion the students will be able to : CO1 (K2): Differentiate training and development and describe its nature, need and scope. CO2(K3): Analyze and evaluate the reasons for training in the light of data collection methods, training design and learning style of participants. CO3(K4): Compare the merits and demerits of the experiential and non-experiential training Techniques CO4 (K6): Formulate methods of improving productivity and quality in the workplace. CO5 (K6): Recommend the techniques for evaluation of the training programme.
PSYCHOLOGICAL TRAINING MODULE (Common to M.Sc. Applied Psychology (Counseling))	**Course Code: 518E4A**	On successful completion the students will be able to : 1. Conduct needs assessment and prepare the concept background for the training programme. 2. Design a psychological training module with the detailed planning and structuring of a course to achieve specific instructional goals. 3. Infer a better

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		understanding of practical knowledge, skills and attitude to conduct training programmes. 4. Adapt specific psychological techniques into a training module. 5. Analyze and design appropriate assessment and evaluation tools that accurately reflect the results of the training module.
: RELATIONSHIP COUNSELING FOR CHILDREN AND YOUNG PEOPLE (SEC I) (Common to M.Sc. Applied Psychology (Counseling))	**Course Code: 418S2A**	On successful completion the students will be able to: CO1(K3): Demonstrate counseling techniques to help child explore relationships CO2(K3): Employ strategies to address child and young people relationship with significant others CO3 (K3): Apply relationship counseling techniques to attend to a young person's relationships. CO4(K3): Apply family therapy practice focusing child and adolescence CO5(K3): Implement evidence-based practice that is ethically oriented and ensures safety of the clients
CORPORATE COUNSELLING (SEC II) (Common to M.Sc. Applied Psychology (Counseling	**Course Code: 518S3A**	On successful completion the students will be able to: CO1(K1): Outline differentiate counseling in workplace set up and relate to different models CO2(K2): Discuss occupational factors to identify the need for counseling CO3(K3): Apply skills and process of counseling in corporate setup CO4(K4): Describe different methods of employee group counseling and identify skills for dealing with problem behaviours in workplace CO5(K3): Apply various counselling interventions for employee specific issues in workplace
SCIENTIFIC REPORT WRITING (SEC III) (Common to M.Sc. Applied Psychology (Counseling))	**Course Code: 518S4A**	to On successful completion the students will be able to : CO1 (K2): Explain the process of writing skills. CO2 (K3): Practice Microsoft office. CO3 (K4): Apply APA style in writing and publication of research papers. CO4 (K4): Articulate how write a research proposal. CO5(K6): Critically compile reports on various forms of qualitative and quantitative research methods

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ASSESSMENT PATTERN
CORE PAPERS, ELECTIVE PAPERS AND EXTRA DISCIPLINARY PAPERS

INTERNAL ASSESSMENT: 25 Marks
EXTERNAL ASSESSMENT: 75 Marks
TOTAL: 100 Marks

INTERNAL ASSESSMENT PATTERN

Attendance (5 Marks)			Seminar	Assignment	Test	Total
90-100	**80-90**	**70-80**	**(5 Marks)**	**(5 Marks)**	**(10 Marks)**	**25**

EXTERNAL ASSESSMENT
End Semester External University Examination: 75 MARKS
Duration 3 Hours

- Part -A-(10X1=10) Answer any 10 out of 12   Questions 1-12
- Part -B-(5X5=25) Answer any 5 out of 7   Questions 13-19
- Part -C-(4X10=30) Answer any 3 out of 5   Questions 20-24

QUESTION PAPER PATTERN

Subject Name	Marks	Total
Language, English, ore, Allied and NME Papers	PART- A: 10 out of 12 = 10 x 1 = 10 marks	75
	PART- B: 5 out of 7 = 5 x 5 = 25 marks	
	PART- C: 3 out of 6 = 4 x 10 = 40 marks	

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Bachelor of Science (BSC)
(With effect from the Academic Year 2020-21)

I PREAMBLE

Bachelor of Science (BSC) is a 3 – Year under Graduate Programme Spread over six semesters. B.Sc. Psychology: Programme Outcome, Programme Specific Outcome and Course Outcome Psychology is the scientific study of mind and behavior. It is a broad and diverse field with many career options for the students. This programme helps learners in building a solid foundation for higher studies in Psychology

II ELIGIBILITY

A pass in the higher secondary Examination (Academic Stream) conducted by the Government of Tamil Nadu with science background as one of the subjects.

III COURSE OBJECTIVES

- Provide strong foundations in fundamentals of Psychology and applications, inter disciplinary courses and electives for widening the domain expertise.
- Attain sufficient knowledge related to psychology domains, possesses communication, soft and hard skills and apply them effectively in team work and in the real world.
- Empower the students with competencies in creative thinking and problem solving, inter-personal communication and managerial skills.

IV GRADUATE ATTRIBUTES

- In depth knowledge of psychological sciences
- Problem analysis & Solving
- Practical skills in laboratory
- Use information appropriately in research process
- Communication skills
- Use critical and creative thinking
- Societal & environmental concern

V COURSE OUTCOMES

After Completion of the course, the students are expected to

- Psychology is the scientific study of mind and behavior. It is a broad and diverse field with many career options for the students.
- This course forms the foundation for the students aspiring to specialize in various fields such as education, hospital, industrial, forensic, and many more. The key core areas of study in Psychology include general psychology, developmental psychology, social psychology, abnormal psychology and experimental psychology.
- This programme helps learners in building a solid foundation for higher studies in Psychology. In addition students are equipped with skills that facilitate employment.
- The Bachelor's Degree B.Sc. Psychology is awarded to the students on the basis of knowledge,

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understanding, skills, attitudes, values and academic achievements expected to be acquired by learners at the end of the Programme. Learning outcomes of Psychology are aimed at facilitating the learners to acquire these attributes, keeping in view of their preferences and aspirations for gaining knowledge of Psychology.

VI COURSE STRUCTURE:
FIRST SEMESTER

Course Content	Name of the Course	Ins.Hrs	Credits	Int. Marks	Ext.Marks	Total
Part-I	Language Paper–I	4	3	25	75	100
Part-II	English Paper–I	4	3	25	75	100
Part-III	BPY-DSC01-GeneralPsychology–I	6	4	25	75	100
	BPY-DSC02-BiologicalPsychology-I	6	4	25	75	100
	BPY-DSA01-IntroductiontoIndian Psychology	6	5	25	75	100
Part-IV	Basic Tamil/Adv. Tamil/NME	2	2	25	75	100
	Soft Skill–I	2	3	50	50	100

SECOND SEMESTER

Course Content	Name of the Course	Ins.Hrs	Credits	Int. Marks	Ext.Marks	Total
Part-I	Language Paper–II	4	3	25	75	100
Part-II	English Paper–II	4	3	25	75	100
Part-III	BPY-DSC03-GeneralPsychology–II	6	4	25	75	100
	BPY-DSC04-BiologicalPsychology-II	6	4	25	75	100
	BPY-DSA02-IntroductiontoCommunity Psychology	6	5	25	75	100
Part-IV	Basic Tamil/Adv. Tamil/ NME	2	2	25	75	100
	Soft skill- II	2	3	50	50	100

THIRD SEMESTER

Course Content	Name of the Course	Ins.Hrs	Credits	Int. Marks	Ext.Marks	Total
Part-I	Language Paper–III	6	3	25	75	100
Part-II	English Paper–III	6	3	25	75	100
Part-III	BPY-DSC05-DevelopmentalPsychology-I	5	4	25	75	100
	BPY-DSC06-ExperimentalPsychology	6	4	25	75	100
	BPY-DSA03-StatisticsinPsychology	5	5	25	75	100

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| Part-IV | Environmental Studies | 1 | Examination will be held in Semester IV | | | |
| | Soft Skill III | 1 | 3 | 50 | 50 | 100 |

FOURTH SEMESTER

Course Content	Name of the Course	Ins.Hrs	Credits	Int. Hrs	Ext.Marks	Total
Part-I	Language Paper–IV	6	3	25	75	100
Part-II	English Paper –IV	6	3	25	75	100
Part-III	BPY-DSC07-DevelopmentalPsychology-II	5	4	25	75	100
	BPY-DSC08-PsychologicalAssessment	6	4	25	75	100
	BPY-DSA04-ConsumerBehaviourand Advertising	5	5	25	75	100
Part-IV	Environmental Studies	1	2	25	75	100
	Soft skill- IV	1	3	50	50	100

FIFTH SEMESTER

Course Content	Name of the Course	Ins.Hrs	Credits	Int. Marks	Ext. Marks	Total
Part-III	BPY-DSC09-AbnormalPsychology-I	6	4	25	75	100
	BPY-DSC10-SocialPsychology-I	6	4	25	75	100
	BPY-DSC11-IntroductionTo Research Methodology	6	4	25	75	100
	BPY-DSC12-HealthPsychology	6	4	25	75	100
	BPY-DSE01-Sports Psychology	5	5	25	75	100
Part-IV	Value Education	1	2	25	75	100

SIXTH SEMESTER

Course Content	Name of the Course	Ins.Hrs	Credits	Int. Marks	Ext.Marks	Total
Part-III	BPY-DSC13-AbnormalPsychology-II	6	4	25	75	100
	BPY-DSC14-SocialPsychology-II	6	4	25	75	100
	BPY-DSC15-Introductionto Theories of Personality	6	4	25	75	100
	BPY-DSE02-GuidanceandCounselling Psychology	6	5	25	75	100
	BPY-DSE03-HumanResource Management	6	5	25	75	100
Part-V	Extension Activities		1			

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*NME: Choose any one From the Other Department

CODE	Elective I
SC51C	HTML - I
NLT1C	BASIC TAMIL -I
TLT1C	ADVANCE TAMIL - I
	Elective II
SC523	HTML - II
NLT2D	BASIC TAMIL – II
TLT2D	ADVANCE TAMIL - II

VII LEARNING OUTCOME

COURSE NAME	COURSE CODE	COURSE OUTCOME	LINK
CORE-I: GENERAL PSYCHOLOGY – I	**BPY-DSC01**	Course Learning OutcomeAfter completion of the General Psychology –I course, students will be able to: 1. Explain the nature, scope, methods and branches of various fields of Psychology 2. Summarize the fundamental processes underlying human behaviour such as sensation,perception 3. Relate the nature of consciousness and the underlying theoretical interpretations anddescribe the various stages of sleep & dreams 4. Outline and compare the nature, principles and the various theories of learning 5. Summarize and compare the various functions and memory processes involved in memory and forgetting	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSC01.pdf?2138690536**
CORE-II: BIOLOGICAL PSYCHOLOGY I	**BPY-DSC02**	Course Learning 1. Explain the research methods and perspectives of biopsychology and the reciprocal relationship between brain and behavior 2. Illustrate the anatomy and function of theneural 3. Relate how neurons communicate with eachother 4. Name the divisions of the nervous system,its chief 5. Outline the role of Endocrine glands and Hormones in influencing Human Behaviour	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSC02.pdf?946215408**

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CORE-III: GENERAL PSYCHOLOGY –II	**BPY-DSC03**	Course Learning Outcome After completion of the General Psychology II course, students will be able to: 1. Spell out the different types of cognition, thinking processes, decision making and language development 2. Summarize the various theories of Motivation, frustration and conflicts 3. Outline the characteristics and theories of emotions and stress 4. Explain the nature , theories and assessment of Intelligence, Emotional Intelligence and creativity 5. Analyze various theories of Personality and describe the assessment & application of the Personality tests	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSC03.pdf?1291984587**
CORE-IV: BIOLOGICAL PSYCHOLOGY–II		After completion of the General Psychology II course, students will be able to: 1. Spell out the different types of cognition, thinking processes, decision making and language development 2. Summarize the various theories of Motivation, frustration and conflicts 3. Outline the characteristics and theories of emotions and s 4. Explain the nature, theories and assessment of Intelligence, Emotional Intelligence and creativity 5. Analyze various theories of Personality and describe the assessment & application of the Personality tests	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSC04.pdf?1131934053**

	BPY-DSC04	Course Learning OutcomeAfter completion of the Biological Psychology II course, student will be able to:
		1. Outline the biological basis of Sleep &Dream and various sleep
		     disorders
		2. Explain brain development and n
		3. Summarize the brain mechanism involved inregulating thirst, hungry
		     and feeding
		4. Relate biopsychologyofemotions
		     in relation to stress and
		5. Identify the brain areas associated with
		learning& memory and outline the causes ofmemory disorders	

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		Course Learning Outcome	
CORE-V: DEVELOPMENTAL PSYCHOLOGY–I	**BPY-DSC05**	Course Learning Outcome After completion of the Developmentalpsychology -I course, students will be able to: 1. Summarize the developmental stage ofconception through birth 2. Explain the developmental stage of infancy and babyhood 3. Recall the various developmental process ofearly and late childhood 4. Relate various Developmental stages of socialization, family relations and personalitydevelopment	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSC05.pdf?616379965**
CORE-VI: EXPERIMENTA LPSYCHOLOGY	**BPY-DSC06**	Course Learning OutcomeAfter completion of the Experimental Psychology course, students will be able to: 1. Demonstrate the effect of distraction,division and span of attention Explain the factors involved in errors ofperception Demonstrate the concepts of transfer of learning, trial and error learning, insight learning and learning through the knowledgeof results 4. Relate to one's own level of aspiration andachievement motivation 5. Infer various emotional patterns in oneselfand others 6. Illustrate the use of the motor-skills inmanual and tweezer dexterity Demonstrate assessment of IQ levels	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSC06.pdf?1083343918**
CORE-VII: DEVELOPMENTAL PSYCHOLOGY–II	**BPY-DSC07**	Course Learning Outcome After completion of the Developmental Psychology II course, the student will be able to: 1. Summarize the developmental process of puberty and adolescence 2. Relate the various development process of young adulthood 3. Explain the developmental tasks of middle age 4. Identify problems related to old age	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSC07.pdf?1490229695**
CORE-VIII: PSYCHOLOICAL ASSESSMENT	**BPY-DSC08**	Course Learning Outcome After completion of the Psychological assessment course, students will be able to: 1. Assess Personality, Aptitude & Interest and interpret the results 2. Measure and interpret achievement test, stress and coping levels 3. Select appropriate test to measure attitude, behavior& creativity and discuss the results	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSC08.pdf?930820195**

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		Course Learning Outcome	
CORE-IX: ABNORMAL PSYCHOLOGY–I	**BPY-DSC09**	Course Learning Outcome After completion of the abnormal psychology - I course, students will be able to: 1. Distinguish between normal & abnormal behavior and outline the historical background and need for classification 2. Summarize the various models of abnormality 3. Identify clinical features and causes of neurodevelopmental disorder, conduct disorder & neurocognitive disorder 4. Explain the clinical features and causal factors of anxiety related disorder 5. Outline the clinical features and causal factors of somatic and dissociative disorder	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSC09.pdf?989642519**
CORE-X: SOCIAL PSYCHOLOGY–I	**BPY-DSC10**	Course Learning Outcome After completion of the Social Psychology I course, students will be able to: 1. Outline the nature, history, principles and scope of social psychology and methods used in social psychology research 2. Illustrate the significance of self-presentation behaviors in relation to the multifaceted development of the self 3. Infer the interconnections between attitude and behavior 4. Compare the reasons of conformity, compliance and obedience 5. Summarize the conditions promoting helping behavior and infer conditions of bystander effect	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSC10.pdf?91196896**
CORE-XI: INTRODUCTION TO RESEARCH METHODOLOGY	**BPY-DSC11**	Course Learning Outcome After completion of the Introduction to research methodology course, students will be able to: 1. Explain the needs, objectives , importance , problem and process of research based on review of literature 2. Identifying research problems and formulating hypothesis 3. Distinguish between the different types of sampling 4. Examine the methods used in data collection 5. Demonstrate an understanding of writing a research report	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSC11.pdf?558854363**
CORE-XII: HEALTH PSYCHOLOGY	**BPY-DSC12**	Course Learning Outcome After completion of the health psychology course, the student will be able to: 1. Outline the definition and scope of Health Psychology 2. Explain the various models of health behavior 3. Identify types of pain, symptoms and suitable intervention 4. Summarize theories of stress, sources of stress and coping 5. Explain health promoting strategies	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSC12.pdf?815283862**

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CORE-XIII: ABNORMAL PSYCHOLOGY-II	**BPY-DSC13**	Course Learning Outcome After completion of the abnormal psychology - II course, students will be able to: 1. Explain the causes of unipolar and bipolar disorder and treatment 2. Outline the clinical feature, causal factor and treatment of schizophrenia and other psychotic disorder 3. Summarize types, causes and treatment of Personality disorder 4. Explain the types ,causal and treatment of substance related disorder 5. Identify the different types of prevention and summarize the different models of therapies	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSC13.pdf?1875055950**
CORE-XIV: SOCIAL PSYCHOLOGY-II	**BPY-DSC14**	Course Learning Outcome After completion of the social psychology - II course, students will be able to: 1. Outline the theories of persuasion and illustrate the factors in resisting persuasion 2. Determine the influence of various group behaviors in relation to individual's performance 3. Outline the nature, sources and consequences of prejudice and illustrate methods to counteract effects of prejudice 4. Summarize the theories of aggression and strategies to regulate aggression 5. Identify the dynamics of intimate relationships in relation to internal and external sources of attraction	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSC14.pdf?1905394786**
CORE-XV: INTRODUCTION TO THEORIES OF PERSONALITY	**BPY-DSC15**	Course Learning Outcome After completion of the Introduction to theories of personality course, students will be able to: 1. Explain the concept, assessment, measurement and research methods of Personality 2. Outline the various psychoanalytic perspectives of Personality 3. Summarize the life span and trait perspective of Personality 4. Outline the existential humanistic perspective of Personality 5. Explain Behavioural, Cognitive and Social perspectives of personality	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSC15.pdf?1428141596**
ALLIED-I: INTRODUCTION TO INDIAN PSYCHOLOGY	**BPY-DSA01**	Course Learning Outcome After completion of the Introduction to Indian Psychology course, students will be able to: 1. Outline the fundamental concept of Indian Psychology in comparison with Western Psychology concepts 2. Examine various concepts of Indian Psychology on Personality and states of consciousness through Upanishads, Nyaya, AdvaitaVedantametc 3. Illustrate the ideas of Yoga and apply the knowledge for self-development	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSA01.pdf?1211405728**

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		4. Analyzingvarious religious school of thought in explaining the concept of Mind 5. Apply the concept of Indian psychology in various fields like counselling, education, organizationalbehavioretc	
ALLIED-II: INTRODUCTION TO COMMUNITY PSYCHOLOGY	**BPY-DSA02**	Course Learning Outcome After completion of the community psychology course, students will be able to: 1. Define and explain the core values of community psychology in Indian context 2. Analyse and evaluate various socio-cultural psychological models and behaviours of Indian youth 3. Critically examine the socio-economic indicators and its impact on development 4. Appraise the role of human development and family structure on Mental Health 5. Develop preventive measures and design promotion programmes for better community development	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSA02.pdf?1018048757**
ALLIED-III: STATISTICS IN PSYCHOLOGY	**BPY-DSA03**	Course Learning Outcome After completion of the Statistics in psychology course, students will be able to: 1. Explain the different levels of measurement and methods of organizing data in statistics 2. Make use of mean, median, mode and variability 3. Illustrate and apply the concepts of normal distribution 4. Find out correlation 5. Test for significance in hypotheses testing 6. Select and utilize appropriate non-parametric statistics	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSA03.pdf?1689376664**
ALLIED-IV: CONSUMER BEHAVIOR AND ADVERTISING	**BPY-DSA04**	Course Learning Outcome After completion of the consumer behaviour and advertising course, students will be able to: 1. Explain the field and scope of consumer behaviour and impact of new technology on marketing strategies 2. Outline the different aspects of research in the field of consumer process 3. Apply concepts of motivation and perception on consumer behaviour 4. Explain the features, goals, functions, types and models of advertising 5. Determine the framework in advertising, role of media in advertising and ethical standards in advertising	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSA04.pdf?1115071241**

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ELECTIVE-I: SPORTS PSYCHOLOGY	**BPY-DSE01**	Course Learning Outcome After completion of the Sports Psychology course, students will be able to: 1. Explain the need, importance and research methods in sports psychology 2. Relate physical activity and Mental Health 3. Describe the nature, measurement of attitude towards sports behavior 4. Classify various abilities and skills 5. Explain the prevalence, etiology and intervention of alcohol and drug use among athletes	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSE01.pdf?708110502**
ELECTIVE-II: GUIDANCE AND COUNSELLING PSYCHOLOGY	**BPY-DSE02**	Course Learning Outcome After completion of the Guidance and counselling Psychology course, students will be able to: 1. Identify the need and importance of counselling in the current context 2. Explain the various approaches in counselling and the types , uses & diagnosis in counselling process 3. Summarize the interpretation of psychological tests in counselling 4. List the qualities of an effective counsellor 5. Identify the special areas of counselling	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSE02.pdf?1325935379**
ELECTIVE-III: HUMAN RESOURCE MANAGEMENT	**BPY-DSE03**	After completion of the human resource management course, students will be able to: 1. Outline the basic concepts of human resource management 2. Relate the need for job analysis in relation to Human Resource Planning and Recruiting 3. List strategies for analysing training needs and developing employees 4. Explain the techniques of performance appraisal 5. Spell out how stress management, conflict management and employee empowerment help in employee motivation	**https://egovernance.unom.ac.in/ugsyllabus/pdf/BPY-DSE03.pdf?1058428702**

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ASSESSMENT PATTERN
CORE PAPERS, ELECTIVE PAPERS AND EXTRA DISCIPLINARY PAPERS

INTERNAL ASSESSMENT: 25 Marks
EXTERNAL ASSESSMENT: 75 Marks
TOTAL: 100 Marks

INTERNAL ASSESSMENT PATTERN

Attendance (5 Marks)			Seminar	Assignment	Test	Total
90-100	**80-90**	**70-80**	**(5 Marks)**	**(5 Marks)**	**(10 Marks)**	**25**

EXTERNAL ASSESSMENT
End Semester External University Examination: 75 MARKS
Duration 3 Hours

- Part -A-(10X1=10) Answer any 10 out of 12   Questions 1-12
- Part -B-(5X5=25) Answer any 5 out of 7   Questions 13-19
- Part -C-(3X10=30) Answer any 3 out of 5   Questions 20-24

QUESTION PAPER PATTERN

Subject Name	Marks	Total
Language, English, ore, Allied and NME Papers	PART- A: 10 out of 12 = 10 x 2 = 20 marks	75
	PART- B: 5 out of 7 = 5 x 5 = 25 marks	
	PART- C: 3 out of 5 = 3 x 10 = 30 marks	